



CHECKLIST

Your checklist for becoming a Gargrave AFC coach

- ☐ Decide which age group or team matches your availability and experience

- ☐ Book a place on the FA's Introduction to Coaching Football or Level 1 course

- ☐ Complete the FA Safeguarding Children course online

- ☐ Email the club or speak to a committee member about your interest

- ☐ Attend a training session or match to meet the current coaching team

- ☐ Consider starting as an assistant before taking on a lead role

- ☐ Arrange first-aid training to support player welfare on match days
