



CHECKLIST

Gargrave AFC training checklist

- ☐ Check which evening your age group trains

- ☐ Confirm the current schedule with the club before your first visit

- ☐ Pack boots, shin pads and a water bottle

- ☐ Arrive a few minutes early to find parking

- ☐ Speak to the coach at the start of the session if you're new

- ☐ Complete the registration form after your trial session

- ☐ Check social media on the day if the weather looks poor

- ☐ Bring a coat for younger players in autumn and winter
